HRC Program

Spring 2015

Dear Parents,

Welcome to the Arlington Recreation, Arlington Police, and Arlington Youth Health & Safety Coalition “Health, Recreation, and Cops” Summer Program. The program will be held from 8:30am to 3:00pm, Monday, June 29 through Wednesday, July 1. Please fill out the enclosed medical consent form and bring it with you on the first day of the program. We ask that the children arrive on time as we have activities planned daily and promptness is necessary.

This year, we will use the facilities at the **Dallin Elementary School** and the Reservoir Beach. Activities will include crafts, sports and games, public safety awareness, public health and fitness. Weather permitting; we will go to Reservoir Beach every afternoon. Please remember to apply sunblock to your child daily.

Lunch will be provided on Wednesday, July 1 (Hot Dogs). Your child should bring their own snacks and drinks daily, and lunch on Monday and Tuesday. No Peanut Products Please. **(NOTE: If your child has any allergies, or takes any medications, please let the supervising counselor know) and fill out Emergency Allergy Action Plan (enclosed).**

**Schedule:**

Monday and Tuesday: Emergency Vehicle Day, Dasty the Police Dog & Field Day

Wednesday: Police Station Tour & Reservoir Beach Graduation Day

**NOTE:** Pick up will be at the **Arlington Reservoir** **on Wednesday, July 1**.

(Schedule Subject to Change)

*\*\*We have changed the dates of the program due to the last day of school date change.*

**(Please see Back for additional information & Frequently Asked Questions)**

FREQUENTLY ASKED QUESTIONS

**How do children get to and from the beach**?

A school bus will transport children to and from the Dallin Elementary School to all off site activities.

**What time does the HRC Program begin and end each day?**

The program begins at 8:30 am and ends at 3:00 pm daily. Please drop-off and pick-up your child(ren) on time.

**Where do I drop my child off for the HRC Program?**

Pick up and drop off will be at the Dallin Elementary School, 185 Florence Ave, Arlington, MA. Drop off and pick up will be in your designated groups assigned on the first day of the program.

**What special activities are planned?**

Special activities will include a K-9 Demonstration led by the APD, Emergency Vehicle Day, Field Day, and Program Graduation.

**What if I want to pick up my child early?**

To ensure the safety of your child, we request that any child, who will be leaving early, bring a note signed by a parent/guardian stating the time of dismissal and the name and phone number of the person picking up the child.  The note should be given to the Head Counselor or the Program Director.

**What do the children need to bring to the program?**

Please bring snacks daily and lunch on Monday and Tuesday. We will provide the kids with a hot dog lunch on Wednesday. Snacks will not be provided for the participants. With a growing number of participants and staff having severe peanut allergies, we are asking that NO peanut products be brought to the program.

Also, bring plenty of fluids, a bathing suit, towel with child's name on it, and water shoes. Participants must also wear sneakers for running in the gym and playground and have sunscreen applied before coming to the program. Please provide additional sunscreen to be applied after water play. Each child should have a back pack to tote all his/her belongings to and from the program. **Please label all personal belongings with your child's name.**

We also wanted to let you know we will be doing Identification Kits for the kids that will require us to take their picture. These pictures will only be used for their ID Kits. We will be using instant cameras and film.

**Important Phone Numbers:** Arlington Recreation, 781-316-3880

Recreation Supervisor, Erin Campbell, 781-316-3884

Recreation Director, Joseph Connelly, 781-316-3881

(Please see Front for additional information)